

## 10. Video Training Library

1. **Master D.A. Giacobbe**  
Tang Soo Do  
Gup Hyungs with Basics, Kicks & 1-Steps
2. **GrandMaster C.S. Kim**  
Tang Soo Do  
Gup Hyungs
3. **GrandMaster C.S. Kim**  
Tang Soo Do  
First Degree to the Third Degree Forms
4. **GrandMaster C.S. Kim**  
Tang Soo Do  
Fourth Degree to Eighth Degree Forms
5. **Master David T. Rexer**  
Tang Soo Do  
White Belt to Black Belt Forms
6. **Master David T. Rexer**  
Tang Soo Do  
First Degree to the Third Degree Forms
7. **Master David T. Rexer**  
Tang Soo Do  
Chil Sung Hyung (first 5 forms)
8. **Master David T. Rexer**  
Tang Soo Do  
Wrist Grips & Red Belt One Step Sparring
9. **Master Dan Nolan**  
Tang Soo Do  
White Belt to Master Hyungs
10. **Master R. Byrne**  
Tang Soo Do  
The Basics of Breaking
11. **Master P. Mitchell**  
Tang Soo Do  
One-Step Sparring (Hand and Feet)
12. **Christian Karate Academy Films Intl.**  
Tang Soo Do  
Basic Grabs & Knife Defense for Gups
13. **Master Fariborz Azhakh**  
Hapkido  
Mastering Hapkido Self Defense Techniques
14. **Master Fumio Demura**  
Kobudo BO Self-Defense
15. **Yoshimitsu Yamada, Shian, 8<sup>th</sup> Dan**  
Aikido - The Power and the Basics (V1)
16. **Marc "Animal" MacYoung**  
Weapon Defense  
Surviving a Street Knife Fight
17. **Master S. H. Kim**  
Tae Kwon Do  
Top 100 Tae Kwon Do Scoring Techniques
18. **Joe Lewis**  
Complete Sparring System
  - How to Spar
  - Controlling Set Points
  - Counter Fighting
  - Deceptive Penetration
  - Set-Ups