

Chapter 6: Martial Arts Courtesy

Most Martial Arts schools use the Asian Military model for conducting class but here at the Christian Karate Academy we use the USA Military format. In respect of the proud heritage and tradition of the Asian martial Arts, we do oriental bowing as our military salute. In the analogy of the US Military, Black Belts represent Commissioned Officers, Red Belts represent Warrant Officers (NCO's) and Green Belts represent Non-Commissioned Officers (NCO).

1. Greeting Black Belts:

- ✓ When an Officer (Black Belt) enters a room. The first to see the person shouts "Attention on Deck" and the Officer (Black Belt) will stop and acknowledge the room and say, "As you were".

2. To begin class:

- ✓ "Fall-In" or "Line-Up" - All soldiers line up
- ✓ "Attention" - class comes to order
- ✓ Turn and Face the Flag of the United States of America - "Salute" - "Return"
- ✓ "Sit" - Bible Reading and Memory verse
- ✓ "Prayer and Meditation" - silence by all students and guests
- ✓ "Attention" - Everyone stand
- ✓ "Ready" - Start exercises and count in English

3. To end class:

- ✓ "Fall-In" - All soldiers line up
- ✓ Turn and Face the Flag of the United States of America - "Salute" - "Return"
- ✓ Attention - Ten Virtues of the Christian Soldier
- ✓ "Prayer and Meditation" - silence by all students and guests
- ✓ "At Ease" - Announcements (remain as still and respectful as possible but relaxed)
- ✓ "Attention, Salute, Class dismissed" - Class take one step back and fall out

4. Entering and leaving the training area:

- ✓ If Flag is Flying - come to Attention, Face the Flag and Salute
- ✓ If Flag is not Flying - Face where the Flag is normally at Attention Stance for a few seconds