

# WELCOME TO THE CHRISTIAN KARATE ACADEMY

We are providing a unique and exciting opportunity to learn Martial Arts in a warm, safe and family environment. The following points briefly tell our story and why our School is different from other Martial Arts programs.

The Christian Karate Academy is an inter-denomination para-church ministry outreach centered on teaching classic Martial Arts in context of traditional family values. We instruct our students in the basic athletic skills of coordination, balance and speed and help the student develop their focus, stamina, strength, and concentration.

Our school provides a complete Tang Soo Do Martial Arts program with a well-established curriculum. Each student could reasonably expect to be ready to test for Black Belt in 40 to 48 months. Our website details our complete curriculum, schedule, costs and a free training manual.

We train just off I-79's Mt. Nebo (Exit 68) at the Verland Foundation gymnasium. Our students live in the communities of Sewickley, Avonworth, Bellevue, North Hills, Wexford, Cranberry, Coraopolis and Moon.

Our mission is to teach each student self-defense and develop their character and discipline so that they can apply this training to their daily lives. We do not teach Tang Soo Do as an aggressive Art, but one of self-defense when all other options have been exhausted.

Our program consists of three (1.5 hour) training sessions per week. The school leadership all have full-time occupations outside of the school so we are here because we love our Art and want to pass it on in an environment that will encourage personnel growth; physically, mentally and spiritually.

**Mr. David L. Doty II** is the Founder and is Chief instructor of the Christian Karate Academy. Mr. Doty, is Third Degree Black belt candidate in Tang Soo Do Moo Duk Kwan under Master Anthony Romano (5<sup>th</sup> Degree). Dave has also instructed at the local YMCA and has given seminars in Self-Defense to local corporations and organizations. Dave was married to Laura in 1979 and has two teenage children, Rachel and Luke. Mr. Doty spent four years in the U.S. Navy as an Air Traffic Controller and is a graduate of the American University (Washington, D.C.) receiving his Bachelor of Science in Business Administration. Dave is employed as the Director of Supply Chain Management at Crown Castle USA, Inc.

I would like to dedicate this site to my brother and first Instructor, William M. Doty Jr., who encouraged me to document what I have learned in Tang Soo Do from the time of my first private lesson back in 1997. I would also like to give a very special thanks to all the Karate websites owners throughout cyberspace who have contributed to this site.

**This manual was not written to be authoritative guide on Tang Soo Do but merely an on-going effort to try and help other students with their training under certified Black Belt Instruction.**

Sincerely

*David L. Doty II*